It’s here!
The new USJA Judo Technical Manual and Study Guide with Senior Rank Promotion System

It’s been three years in the making and the new USJA Judo Technical Manual and Study Guide with Senior Rank Promotion System, is now complete. The new Guide has gone through multiple versions, re-writes and editing and has been unanimously approved by your Board of Directors and the USJA Promotion Board.

The new Guide has a completely updated promotion system that will look familiar but has fundamental changes that every senior member needs to know about and every member needs for their upcoming senior promotions. There are changes in testing standards and test content as well as time in grade requirements with reduced TIG for those who are extremely active with our organization.

The new Guide is a departure from the manual that we have used for nearly four decades. It has a new cover, the paper is a thick coated stock enclosed in a soft permanent binding that is 3-hole punched for use in standard 3-ring binder. This is so when updated pages are created, they can be downloaded from our website and simply inserted into your new Guide.
We anticipate adding a new Junior Guide & Manual in the near future and so both of the books can be neatly stored together in a single 3-ring binder.

Each book is serial numbered beginning with 000001 and will continue through the numbers as they are printed. Only a limited number of books have been ordered for immediate release (1 through 125) and so the lower numbered books will be considered first editions and will gain in value through the years.

The revised promotion system will become permanent on April 1, 2015 and until that time; the current system will still be accepted. After April 1, 2015, the old system will no longer be accepted for senior promotions and will be returned to the member for re-processing. A new Request for Promotion (RFP) form has been added to the Downloads Page of the USJA website. All new Senior Promotion, Validation and Rank Examiner forms which strictly conform to revised and updated system are also listed below for your convenience.

Certified Rank Examiners (CRE) of all levels will be expected to obtain a copy of the new Guide and familiarize themselves with every aspect. Each Certified Rank Examiner will then be asked to update their certification with the purchase of the manual. Please refer to this notice from the Promotion Board for more specific details on the updated CRE Certification Program.

We have arranged for book numbers 126 and over to be digitally printed on demand and sent to the member that requests it directly by the printer and for that reason; the USJA will not incur inventory charges. All orders for the books over 125 will take an extra few days to ship from the printer and so you should anticipate a longer period to receive the books ordered on the print on demand schedule.

Order your copy from our on line store or by calling the USJA office today. The regular price is $50 which includes shipping, thanks.

**Key Links to New USJA Forms:**

- [Request for Kyu Ranks Promotion Form (RFP-1)]
- [Request for Dan Ranks Promotion Form (RFP-2)]
- [Request for Rank Validation Form (RFV)]
- [Certified Rank Examiner Application Form (CRE)]
This manual, (first printed in 2014), is in tribute to the 50th anniversary of the first Olympic Games that included judo in 1964 and to the first American Olympic Judo Team.

This is a technical manual in English or Japanese. The students will learn and demonstrate:

1. Kata-garami (One handed stranggle)
2. Dojo-ji (Modified technique: Body insertion, front stranggle)
3. Seoi-nage (Lev entanglement)
4. Tai-ate (Hand arm lock)

**Score Sheet:**

<table>
<thead>
<tr>
<th>Technique</th>
<th>Total Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kata-garami</td>
<td>20</td>
</tr>
<tr>
<td>Dojo-ji</td>
<td>15</td>
</tr>
<tr>
<td>Seoi-nage</td>
<td>10</td>
</tr>
<tr>
<td>Tai-ate</td>
<td>5</td>
</tr>
</tbody>
</table>

**TOTAL:** 50 Points

**Score:**

- Pass: 50 Points
- Fail: Less than 50 Points

**Coaches:**

Passing scores in 3 with no more than 5 errors.

**Joint-Locking Techniques (Kanade orwata):**

1. Anti-garami (Lev entanglement)
2. Tai-ate (Hand arm lock)